



STOP
THE BLEED[®]

SAVE A LIFE

STOP THE BLEED[®] Course
American College of Surgeons

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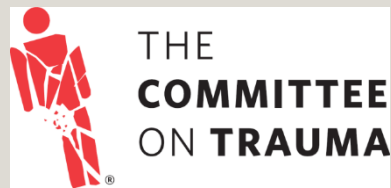
Version 2



THE
COMMITTEE
ON **TRAUMA**

STOPTHEBLEED.ORG





QUALITY PROGRAMS
of the AMERICAN COLLEGE
OF SURGEONS

**The American
College of Surgeons
Committee on
Trauma**



**The American
College of
Emergency
Physicians**



**The National
Association of
Emergency Medical
Technicians**



**The Committee
on Tactical
Combat
Casualty Care**



Some of the **images shown during this presentation may be disturbing to some people.**



Why Do I Need This Training?

**The #1 cause of preventable
death
after injury is **bleeding**.**

Where Can I Use This Training?



Goals

1. Identify

Recognize
life-threatening
bleeding

2. Stop the Bleed

Take steps to
STOP THE BLEEDING

- ✓ Pressure
- ✓ Packing
- ✓ Tourniquets



Personal Safety

YOUR safety is **YOUR** first priority

- If you are injured, you cannot help others
- Help others only when it's **safe** to do so
- If the situation changes or becomes **unsafe**:
 - ✓ Stop
 - ✓ Move to safety
 - ✓ If you can, take the victim with you



Personal Safety

YOUR safety is **YOUR** first priority

- Wear gloves if you can
- If you get **blood** on you, be sure to clean any part of your body that the blood has touched
- Tell a health care provider that you got **blood** on you, and follow his or her direction

ABCs of Bleeding Control

A Alert 911

B Bleeding

C Compress

ABCs of Bleeding Control

A Alert 911

B Bleeding

C Compress





ABCs of Bleeding Control

A Alert 911

- Call 911
- Know your location
- Follow instructions provided by 911 operator

ABCs of Bleeding Control

A Alert 911

B Bleeding

C Compress





ABCs of Bleeding Control

B Bleeding

- Find source of **bleeding**
- Look for:
 - ✓ **Continuous bleeding**
 - ✓ **Large-volume bleeding**
 - ✓ **Pooling of blood**



ABCs of Bleeding Control

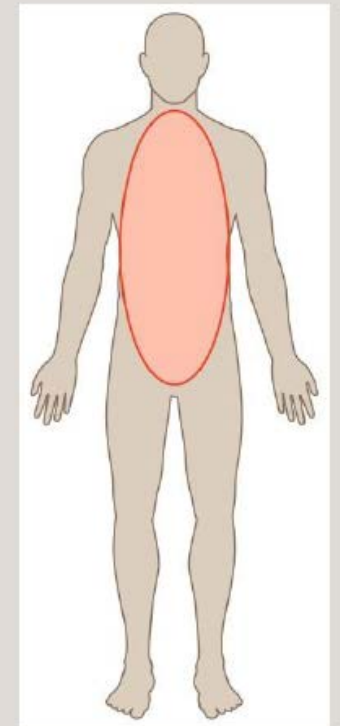
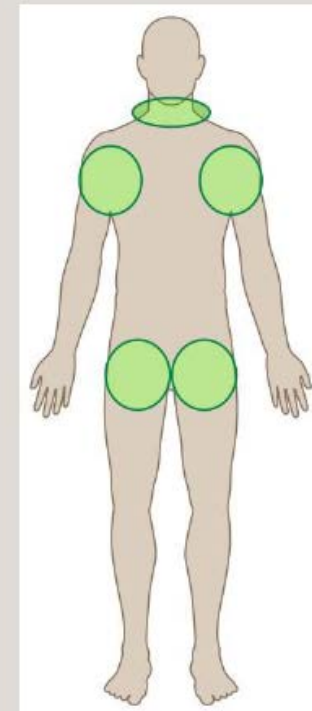
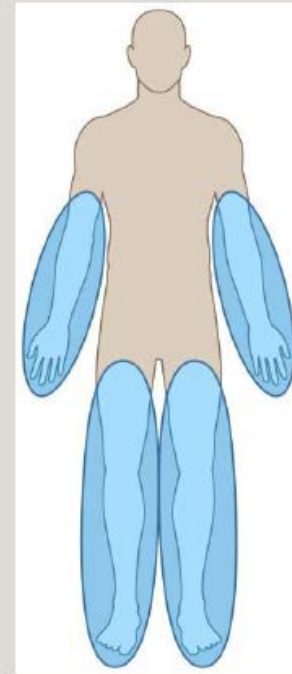
B Bleeding

- There may be multiple places the victim is **bleeding**
- Clothing may also hide life-threatening **bleeding**

ABCs of Bleeding Control

B Bleeding

- Arms and legs
- Neck, armpits, and groin
- Body



ABCs of Bleeding Control

A Alert 911

B Bleeding

C Compress - Pressure





ABCs of Bleeding Control

C Compress - Pressure

- Apply direct pressure to wound
- Focus on the location of the **bleeding**
- Use just enough gauze or cloth to cover injury
- If pressure stops the **bleeding**, keep pressure on wound until help arrives

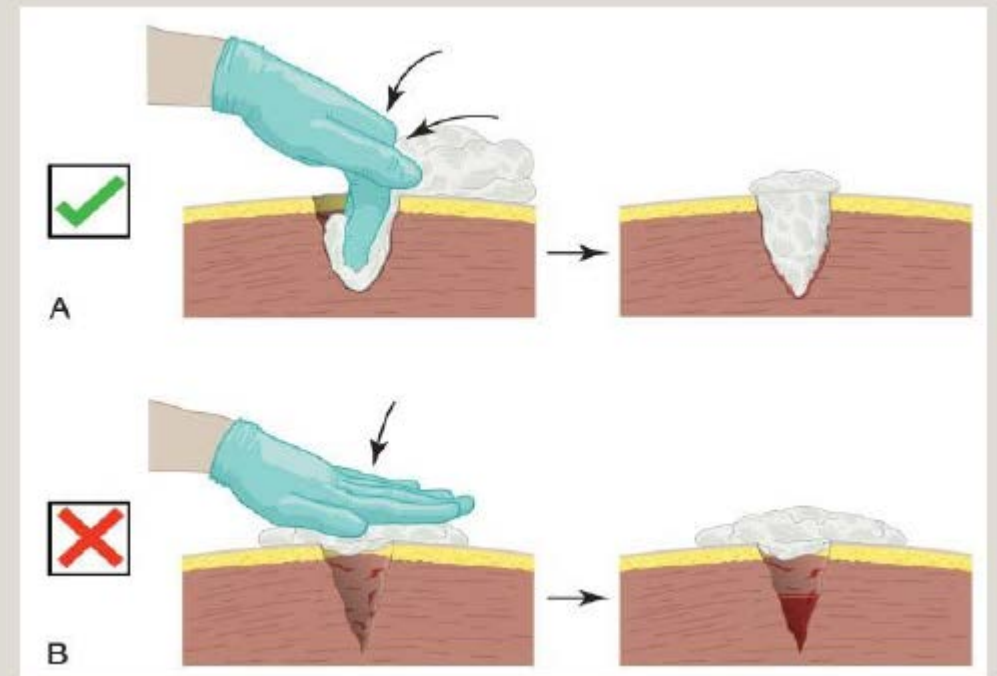
ABCs of Bleeding Control



ABCs of Bleeding Control

C Compress - Packing

- For large wounds, superficial pressure is not effective
- If **bleeding** is from a deep wound, pack gauze tightly into the wound until it stops the **bleeding**; hold pressure until help arrives



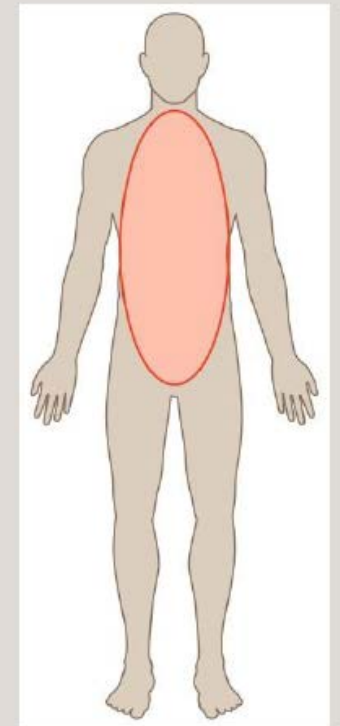
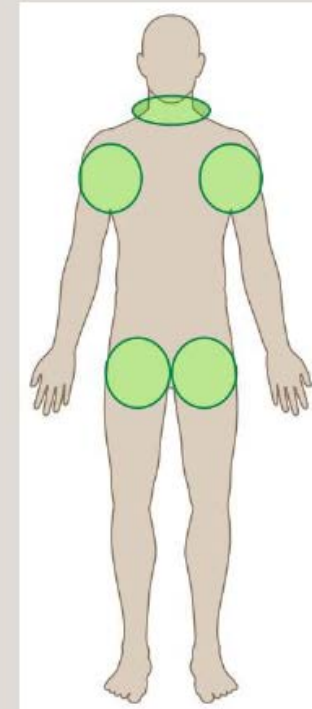
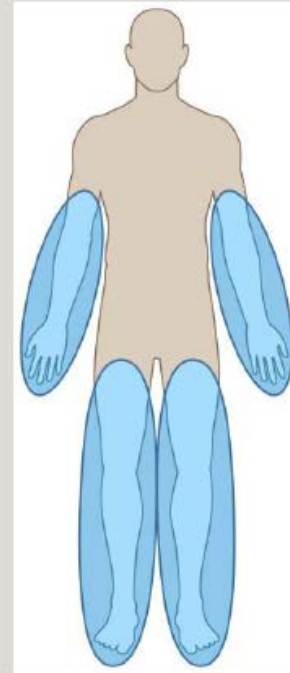
ABCs of Bleeding Control



ABCs of Bleeding Control

C Compress - Packing

- Arms and legs
- Neck, armpits, and groin
- Body





ABCs of Bleeding Control

C Compress - Tourniquet

- Apply 2 to 3 inches above wound
- Do not place over the elbow or knee
- Tighten tourniquet until **bleeding** stops
- Do NOT remove the tourniquet



ABCs of Bleeding Control

C Compress - Tourniquet

- Can apply to others or on yourself
- Can be applied over clothes
- Tourniquets HURT
- A second tourniquet may be required to stop the **bleeding**

ABCs of Bleeding Control



ABCs of Bleeding Control





CoTCCC Recommended STB Tourniquets

Recommended Non-Pneumatic Limb Tourniquets

- **Combat Application Tourniquet Gen 6 (CAT-6)**
- **Combat Application Tourniquet Gen 7 (CAT-7)**
- **Ratcheting Medical Tourniquet (RMT) Tactical**
- **SAM Extremity Tourniquet (SAM-XT)**
- **SOF Tactical Tourniquet–Wide (SOFTT-Wide)**
- **Tactical Mechanical Tourniquet (TMT)**
- **TX2 Tourniquet (TX2)**
- **TX3 Tourniquet (TX3)**



CoTCCC Recommended STB Tourniquets

- **Recommended Pneumatic Limb Tourniquets**
 - **Delphi EMT (EMT)**
 - **Tactical Pneumatic Tourniquet 2” (TPT2)**



Bleeding control in children

- In all but the extremely young child, the same tourniquet used for adults can be used in children.
- For the infant or very small child (tourniquet too big), direct pressure on the wound as described previously will work in virtually all cases.
- For large, deep wounds, wound packing can be performed in children just as in adults using the same technique as described previously.



FAQs

- **Impaled objects?**
- **Improvised tourniquets?**
- **Loss of arm or leg?**
- **Pain?**
- **Other questions?**

Summary

- ✓ Personal safety
- A** Alert 911
- B** Find **bleeding**
- C** Compress with pressure and/or packing
- C** Compress with a tourniquet
- ✓ Wait for help to arrive





For more information:

STOPTHEBLEED.ORG



STOP
THE BLEED[®]

The only thing more tragic than a death... is a death that **could have been prevented.**

Hands Only CPR and AED Use

HANDS-ONLY CPR



life is why®

Take a Minute to Save a Life!
It's easy to learn this lifesaving skill.

Watch the 60-second demonstration video on Hands-Only CPR at heart.org/handsonlycpr and share it with the important people in your life. For resources in Spanish, go to heart.org/rcp.



#CPRSAVESLIVES

2 STEPS TO SAVE A LIFE

- 1. CALL 911
- 2. PUSH HARD & FAST

If you are called on to give CPR in an emergency, you will most likely be trying to **save the life of someone you love**: a child, a spouse, a parent or a friend.

When a person has a cardiac arrest, **survival depends** on getting **immediate CPR from someone nearby**.



FOR MORE INFORMATION

- LERN Website – www.LERN.la.gov
- Learning Management System for CNE
- Contact your Regional Coordinator
 - Yvette Legendre 1, 3, 9 – Yvette.legendre@la.gov
 - Reed Douglas 6, 7, 8 – Reed.douglas@la.gov
 - Ted Colligan, Reg. 2, 4, 5 – Ted.colligan@la.gov
- You may also contact Deborah Spann, LERN Education Coordinator Deborah.Spann@La.gov